



Minneapolis Marriott Northwest

**7025 Northland Dr N
Brooklyn Park, MN 55428**

#MnATSA2023

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REGISTRATION FEES

MnATSA members receive discounted conference fees and year-round benefits!

Refer to the end of the brochure for registration information.

Late fee begins March 17, 2023

MEMBER

Any One Day	\$195
Any Two Days	\$280*
All Three Days	\$380*

NON-MEMBER

Any One Day	\$195
Any Two Days	\$315
All Three Days	\$430

FULL-TIME STUDENT

Any One Day	\$90**
Any Two Days	\$180**
All Three Days	\$225**

***For the member discount**, you must be a current member of ATSA to join MnATSA. You can apply at www.atsa.com. You can become a MnATSA member or renew your membership online at www.mnatsa.org. Organizations and agencies are not and cannot be members. Only individuals can be members.

****For the student discount**, you must be a full-time student and must provide a verification letter from your university registrar confirming current full-time enrollment. **Must register by April 7, 2023.** Please send your verification letter to info@mnatsa.org within seven days of registering to receive this discount.

CONFERENCE SCHEDULE

Wednesday – April 19, 2023

7:30 a.m. – 9:00 a.m.	Check-in and Continental Breakfast
8:00 a.m. – 3:00 p.m.	Exhibits Open
9:00 a.m. – 12:00 p.m.	Pre-conference Workshops (2 full-day and 5 half-day)
10:15 a.m. – 10:45 a.m.	Networking/Break
12:00 p.m. – 1:00 p.m.	Lunch Buffet provided by MnATSA
1:00 p.m. – 4:00 p.m.	Pre-conference Workshops (2 full-day and 5 half-day)
2:15 p.m. – 2:45 p.m.	Networking/Break

Thursday – April 20, 2023

7:00 a.m. – 7:45 a.m.	Yoga
7:00 a.m. – 8:30 a.m.	Check-in and Continental Breakfast
8:00 a.m. – 3:00 p.m.	Exhibits Open
8:30 a.m. – 9:00 a.m.	Opening, Welcome, and Announcements
9:00 a.m. – 10:15 a.m.	Keynote Address – Liam Marshall, Ph.D.
10:15 a.m. – 10:45 a.m.	Networking/Break
10:45 a.m. – 12:00 p.m.	Keynote Address – Nicole Matthews, B.S.
12:00 p.m. – 1:00 p.m.	Lunch Buffet provided by MnATSA
1:00 p.m. – 2:30 p.m.	Workshops # 13 - 20
2:30 p.m. – 3:00 p.m.	Networking/Break
3:00 p.m. – 4:30 p.m.	Workshops # 21 - 27
4:45 p.m.	Reception – Hors d'oeuvres and Cash Bar

Friday – April 21, 2023

7:00 a.m. – 8:15 a.m.	Check-in and Continental Breakfast
7:30 a.m. – 1:30 p.m.	Exhibits Open
8:15 a.m. – 8:45 a.m.	Presidential Address
8:45 a.m. – 10:00 a.m.	Keynote Address – Robert J. Wicks, Psy.D.
10:00 a.m. – 10:30 a.m.	Networking/Break
10:30 a.m. – 12:00 p.m.	Workshops # 28 - 34
12:00 p.m. – 1:15 p.m.	Lunch Buffet provided by MnATSA (all) and Annual MnATSA Member Luncheon (members only)
1:15 p.m. – 2:45 p.m.	Workshops # 35 - 41
2:45 p.m.	Conference Adjourns

All times listed are Central Daylight Time (CDT)

ABOUT THE CONFERENCE

MnATSA is dedicated to the promotion of education, research, and professional intervention on sexual abuse issues. The Minnesota chapter is organized to acknowledge and promote the national and international programs of the Association for the Treatment & Prevention of Sexual Abuse (ATSA). The 26th Annual MnATSA conference will address treatment, assessment, and supervision issues that arise in working with adolescents and adults who have sexually abused. This conference is for psychologists, social workers, corrections agents, mental health providers, judges, attorneys, sex crimes investigators, polygraph examiners, dispositional advisors, victim advocates, correctional staff, correctional administrators, policy makers and others who work in these or related fields.

Back this year: In addition to adult assessment and treatment, MnATSA has added specific workshops for individuals who assess and treat juveniles and workshops specific to probation staff.

Continuing Education Units

MnATSA is pending approval for the following continuing education units:

- Minnesota Board of Psychology
- Minnesota Board of Marriage and Family Therapy
- Minnesota Board of Behavioral Health and Therapy (LPC/LPCC)
- Minnesota Board of Social Work
- Minnesota Continuing Legal Education (CLE)

Planning Your Time at the Conference

Please review this brochure to assist in planning which workshops you may be interested in attending.

Wednesday attendees – divide your day one of two ways:

- A. one 6-hour workshop (#1 or #2) **or**
- B. one 3-hour morning workshop (#3 - #7) **and** one 3-hour afternoon workshop (#8 - #12)

Thursday attendees attend both morning Keynote Addresses and then attend two workshops, one from #13 through #20 and one from #21 through #27.

Friday attendees attend the morning Keynote Address and then attend two workshops, one from #28 through #34 and one from #35 through #41.

Registration information can be found at the end of the brochure.

Late fee begins March 17, 2023

No cancellations or transfers of registration after March 17, 2023

If you have questions, please contact:
info@mnatsa.org

KEYNOTE ADDRESSES



Liam Marshall, Ph.D.

Rockwood Psychotherapy & Consulting

Treatment for Sexually Inappropriate Behavior: Essential Elements and Efficacy

A recent evaluation of the Rockwood treatment program for those who have engaged in sexual offending found our participants to have a statistically significantly lower rate of reoffending than did two groups matched for risk and time-at-risk, namely a Treatment As Usual and Untreated group (Olver et al., 2020). In a subsequent report (Marshall & Marshall, 2021), we evaluated the costs versus benefits of providing this treatment in the Canadian federal prison system and found, besides less victimization, significant savings to the public. These and the results from other research, the treatment program approach, content, and delivery will be described and discussed.

Utilizing Indigenous Values for Healing

This keynote will share thoughts and ideas on how we can decolonize our individual and work practices to address sexual violence. Nicole will discuss how we can utilize teachings and lessons from indigenous values to promote healing and wellness.



Nicole Matthews, B.S.

Minnesota Indian Women's Sexual Assault Coalition



**Robert J. Wicks, Psy.D.,
Professor Emeritus**

Loyola University Maryland

Recognizing, Preventing and Limiting the Dangers of Secondary Stress

One of the greatest gifts clinicians can share with their clients is a sense of their own resilience and a healthy perspective. However, they can't share what they don't have. By discussing psychological approaches to maintaining a healthy perspective and enhancing resilience in challenging times, Dr. Robert Wicks, an expert on the prevention of secondary stress (the pressures experienced in reaching out to others) offers insights into such topics as: living through a "psychological and spiritual winter solstice"; avoiding "parallel process" in one's clinical practice; maintaining a healthy sense of perspective; understanding the two key elements of posttraumatic growth (PTG); avoiding the dangers that lead to unnecessary stress; enhancing one's own self-care protocol; knowing the 4 "voices" needed in a clinician's circle of friends to have balance and courage in life; and developing a richer use of "alone-time".

Wednesday, April 19, 2023

Full-day Pre-Conference Workshops 9:00 a.m. – 4:00 p.m.

Break 10:15 a.m. - 10:45 a.m. and 2:15 p.m. – 2:45 p.m.

Workshops # 1 & # 2

- 1. How to Code the SAPROF-SO Version 1:** The SAPROF-SO is a new assessment tool designed to capture protective factors for individuals with a history of sexual offenses and aligns with a strengths-based approach to treatment. There are 14 items across three subscales: Resilience, Adaptive Sexuality, and Prosocial Connection & Reward. A fourth subscale, Professional Risk Management, is optional. Research indicates the SAPROF-SO has good reliability and predictive validity (Nolan, 2021; Willis et al., 2020). It may be particularly useful for treatment and risk management (Kelley et al., 2021). This workshop will offer a certified training opportunity for clinicians interested in learning to administer, score, and interpret the SAPROF-SO.

Presenters: *David Thornton, Ph.D., LP*
Forensic Assessment, Training & Research (FAsTR) LLC
Madison, WI

Sharon Kelley, Psy.D., LP
Sand Ridge Secure Treatment Center, Madison, WI

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- 2. Strengths-Based Interventions for Sex Offense-Specific Services:** Within the field of sex offense-specific (SOS) services, there is growing awareness of the importance of embracing a Strengths-Based Approach (SBA). At-risk (at-risk) youth and their families often enter SOS services presenting with mistrust, defensiveness, anger, hopelessness, and/or shame, which can be barriers to effective services. Strengths-based services help create an environment in which clients begin to feel psychologically safe, open, and engaged in services. This training will introduce participants to a broad spectrum of strengths-based interventions (Powell, 2015) to assist youth in developing the knowledge and skills for leading interpersonally healthy, prosocial lives. Specific interventions will be highlighted including how to establish positive relationships, promote hope, target protective factors linked to resilience, and target dynamic risk factors with strengths-based alternatives.

Presenter: *Kevin M. Powell, Ph.D., LP*
Kevin M. Powell, Ph.D. LLC & Colorado State University
Fort Collins, CO

Wednesday, April 19, 2023 (continued)

Morning Half-day Pre-Conference Workshops 9:00 a.m. – 12:00 p.m.

Break 10:15 a.m. - 10:45 a.m.

Workshops # 3 – 7

- 3. The TEAMS Model: Recasting the Containment Approach to Enhance Team Collaboration and Responsivity:** For two decades, many state sex offender management strategies have included the Containment Approach. With the advent of an emphasis on the Risk, Need, Responsivity Principles for use with clients who commit sexual offenses, states have taken a critical look at this Approach. This session will explore these issues and suggest a new framework for treating and supervising those under supervision and in treatment for a sexual offense: the Treatment, Engagement, Assessment, Management, and Supervision (TEAMS) Model. While maintaining some of the features of the Containment Approach, this new model incorporates current research and best practices including responsivity components more directly such as a collaborative approach with the client, an emphasis on therapeutic engagement and alliance, and enhancing protective factors including prosocial supports. For those who have used the Containment Approach, or continue to use components of it, this session will highlight how the Approach can be modified and adapted.

Presenter: Christopher Lobanov-Rostovsky,
MSW, LCSW
Colorado Division of Criminal Justice,
Lakewood, CO

- 4. Ethical Practice in the Age of Telehealth:** The service environment has changed dramatically in the past few years, due to societal factors and some of the consequences of the COVID pandemic. Delivering services in accordance with professional ethics requires analysis, not simply determining that something is ethical vs. non-ethical. Practitioners must balance regulations with competing ethical principles to arrive at the most effective programs, evaluations, and treatment responses. With telehealth comes new areas of decision-making including decision-making as regards how to deliver services to which people. The easy availability of internet searches opens doors and creates risks. Likewise, #blogs and websites offer unique social supports, potentially helpful information, but also bring challenges of stalking, harassment, and sex offending. The internet has also created unique risks in terms of professional boundaries. The presentation will involve ongoing questions from participants during the program so that particular dilemmas can be explored fully.

Presenter: Gary Schoener, M.Ed., LP
Walk-In Counseling Center, Minneapolis, MN

- 5. Dealing with denial in the treatment of those who offend sexually:** In this preconference workshop, the role of denial is considered in the context of effective treatment and management of those who offend sexually. Those who have committed a sexual offense who are in denial of all or aspects of their offending present many challenges for treatment providers, case managers, and other stakeholders; such as, how much of denial must be overcome, or, can someone in denial be said to have successfully completed treatment? Recent, somewhat mixed, results from research have suggested denial may not be a criminogenic target for sex offenders. Given the approach and focus of most treatment programs and the pressure from non-treatment staff, clinicians are often pressed to deal with denial in sex offenders even though evidence may suggest problems in doing so. This preconference workshop will outline the issues in dealing with deniers of all kinds and present a number of alternative ways to address this problem from both treatment and management perspectives. Workshop participants will be presented with cases of actual deniers and engage in discussions about how to effectively treat these challenging therapy participants.

Presenter: Liam Marshall, Ph.D.
Rockwood Psychotherapy & Consulting,
Ontario, Canada

Wednesday, April 19, 2023 (continued)

6. Overcoming barriers to engagement: Motivational Interviewing with Reactive and Hostile

Persons: Motivational Interviewing (MI) is an evidence-based therapeutic technique designed to help people identify their readiness, willingness and ability to make meaningful changes in their lives. This evolving intervention continues to be applied and effective across multiple disciplines. Originally utilized in the field of substance abuse; motivational interviewing has been validated in other fields including medical, mental health, and various criminal justice settings. Many justice involved people can present as challenging to engage and have been described as resistant. MI is specifically effective with these populations who are typically impacted by anger, aggression, substance misuse, impulsivity and violence, including sexual offending. Each of these behavioral presentations has variations within the development, etiology and intentions associated with the behaviors. Additionally, MI looks at this behavior through a different lens and sees it as either sustain talk about change or discord in the relationship. Attendees will learn to identify the difference between sustained talk and language that indicates discord. We will discuss reasons that some people may be more difficult to work with and how MI consistent skills and strategies can help professionals soften sustain talk and negotiate discord. Successful interventions are founded on the ability to critically assess these pathways and apply strategies to manage countertransference. Participants will be asked to engage in exercises aimed at increasing their self-awareness to manage countertransference that when left unmanaged undermines the goals of softening sustain talk and repairing discord in the relationship. ***It is presumed attendees will have previous experience in Motivational Interviewing as this will not be an introduction to MI.***

Presenters: Ernie Marshall, MSW, LCSW
Change Partnership, LLC, New Lisbon, WI

Leslie Barfknecht, MSW, LCSW, LICSW
Change Partnership, LLC, New Lisbon, WI

7. Effective Apology Letters: Individuals convicted of crimes sometimes want or are asked as a part of treatment or therapy, to write letters of apology to the victims/survivors of their crime(s). In an apology letter an individual may acknowledge fault, the injury and pain caused to the victim or others and take responsibility for the crime and the harm caused. But what makes a "good" apology letter? What do victims/survivors want and need from an apology letter? Is it appropriate to write an apology letter? Can I ask for forgiveness? In this session, presenters will answer these questions as well as provide recommendations and considerations to mitigate further harm when individuals want to participate in an apology letter writing process.

Presenters: Alicia Nichols, LSW
National Center on Gun Violence in Relationships,
BWJP, St. Paul, MN

Sarah King, MA
MN Department of Corrections Restorative Justice
Program, St. Paul, MN

Christopher Godsey, Ed.D.
MN Department of Corrections Restorative Justice
Program, St. Paul, MN

Afternoon Half-day Pre-Conference Workshops 1:00 p.m. – 4:00 p.m.

Break 2:15 p.m. – 2:45 p.m.

Workshops # 8 – 12

- 8. Is Sexual Offense History Disclosure still relevant to Sexual Offender Management? Use of Polygraph as a Component of the TEAMS Model:** Historically, a key treatment target in adult sex offense specific treatment has been the taking of responsibility for the sexual offending behavior, including the disclosure of past previously unreported victims. The rationale for such disclosure has been for the client to be accountable for sexual offending behavior, and to identify other past, unknown victims in need of support and services. This sexual offense history disclosure process has also typically included a sexual history polygraph exam, in most United States jurisdictions, to verify the client's accountability. Ongoing concerns raised by court cases, denial research, and practitioners have led some to no longer emphasize sexual offense history disclosure and concurrent sexual history polygraph examination in treatment. This session will propose an alternative way of employing sexual offense history disclosure and the use of polygraph that focuses on ongoing assessment of the client's risk and need, and informing safety planning.

Presenter: Christopher Lobanov-Rostovsky,
MSW, LCSW
Colorado Division of Criminal Justice,
Lakewood, CO

- 9. Ethical Practice & Supervision in a High-Risk World:** As our various fields evolve ethical challenges and risks are for the most part "old" ones but with a number of new twists. Evolving case law, statutory changes, licensure board focus, and a shifting political environment make it essential for practitioners to be aware of changes with various ethical/legal duties. This program will review ethical decision-making in situations where there are ethical duties. Among the situations examined will be a variety of issues regarding dangerous clients, including duty to warn or protect as well as dealing with threats or harassment of service providers. Duties and challenges related to suicide threats or completions will be examined. Duties to end treatment will be examined. Another area of challenge will be issues related to contacts with and/or duties to former clients. It is not necessary to have attended the morning program to get full benefit from the afternoon. There will be three handouts that provide more depth on several topics and questions will be welcomed throughout.

Presenter: Gary Schoener, M.Ed., LP
Walk-In Counseling Center, Minneapolis, MN

- 10. Medical Management of Hypersexuality and Sexual Preoccupation:** Sexual preoccupation/ hypersexual behaviors are risk factors associated with sexual recidivism. Adequate management of this risk factor, when present, is a key component of treatment. Medications can be a valuable treatment tool in the management of sexual preoccupation/hypersexual behaviors. In this presentation, the various neurotransmitters and hormones that play a role in male sexual behaviors will be discussed. Medications that have been shown to decrease hypersexual behaviors and sexual preoccupation will be discussed with their underlying mechanisms of action. Clinical guidance/algorithm for use of these medications, including when to use medications will be discussed.

Presenter: Angeline Stanislaus, MD
Missouri Department of Mental Health,
Jefferson City, MO

Wednesday, April 19, 2023 (continued)

- 11. Psychosexual Evaluations for Individuals with Intellectual Developmental Disorder:** When conducting psychosexual evaluations, examiners must attend to the individual needs and dynamics of the examinee. Individuals with neurodevelopmental differences, particularly intellectual developmental disorder, present with unique executive functioning, communication, social, and/or personal functioning differences. Clinicians evaluating individuals with the intellectual developmental disorder must be prepared to navigate these differences and ensure no harm is caused to the examinee during the evaluation process. This workshop will review, at a basic level, the needs of evaluatees with intellectual developmental disorder, as well as best practices in evaluating such individuals from a Risk, Needs, and Responsivity lens. By the conclusion of the workshop, attendees will have increased sensitivity to developmental differences and be able to identify appropriate assessment methods.

Presenter: Sara Vaccarella, Psy.D., LP
Illumé North, Duluth, MN

- 12. Creating and Facilitating High Functioning Groups for Adults who Sexually Abuse:** Professional use of groups has been documented in various professional forums only in the past 100 years, yet we as humans have been “grouping” since the dawn of humanity. In the last century understanding group processes has been a subject of research in the general psychotherapy literature, and since the 1990’s in the specialty of treating adults who have sexual behavior problems and who have harmed others. A brief history of groups and group therapy and a summary of relevant research will be presented. The history and research are the basis of conceptualizing how to create and facilitate high-functioning treatment groups which benefit clients and improves the treatment experience. Nine key elements of a therapy group will be described and illustrated with facilitation examples. For example, an effective group begins with client selection and consideration of individual characteristics and how those characteristics impact the group. A well-defined, clearly communicated and adhered to structure is essential and is the foundation of a safe and positive emotional climate that is both stable and secure. Therapeutic alliance and abundant member-to-member interactions deepen the potential benefit of the group. These traits can culminate in the evolution of a cohesive group environment which has been shown in the research to globally benefit all group members and their individual treatment goals. The significance and positive impact of therapeutic factors will be illustrated, and the applicability of the group experience to treating dynamic risk factors will be explored and illustrated. Finally, we will explore the problem of clinical myopathy and how it can impair how the group is conceptualized. A brief experiential session will be used to illustrate several facilitation techniques.

Presenter: Steven Sawyer, MSSW, LICSW
Sawyer Solutions, LLC, White Bear Lake, MN

Thursday, April 20, 2023

Keynote Address 9:00 a.m. – 10:15 a.m.

Treatment for Sexually Inappropriate Behavior: Essential Elements and Efficacy

Liam Marshall, Ph.D., Rockwood Psychotherapy & Consulting, Ontario, Canada

Keynote Address 10:45 a.m. – 12:00 p.m.

Utilizing Indigenous Values for Healing

Nicole Matthews, B.S., Minnesota Indian Women's Sexual Assault Coalition, St. Paul, MN

Workshops #13 - #20 1:00 p.m. – 2:30 p.m.

- 13. Addressing Gender Based Violence in Tribal Communities:** This session will present information about gender-based violence against Indigenous people; including sexual violence, sex trafficking, and the intersections with missing and murdered Indigenous women. This session will provide statistical data, as well as historical and factual data about tribes in Minnesota, and the impact of colonization; as it relates to the above issues.

Presenter: Nicole Matthews, B.S.
MN Indian Women's Sexual Assault Coalition,
St. Paul, MN

- 14. 8-week MBSR Program with Sexual Offenders – an Overview:** Mindfulness-Based Stress Reduction (MBSR), with more than 30 years of research behind it, is a structured 8-week, 24-hour experiential mindfulness training designed for reducing the impact of stress on mind and body. MBSR has been shown to offer benefits as far reaching as increasing emotional regulation, mitigating the impact of chronic pain, and reducing symptoms of anxiety and depression to name just a few. This session provides an overview of relevant theory and research supporting the program as well as insights from delivering MBSR to 46 SO's in MSOP's St. Peter facility and future research aspirations.

Presenter: Colette DeHarpporte, M.S.,
Qualified MBSR Instructor, Mindfulness IRL, LLC
St. Anthony, MN

- 15. Polygraph 101 – Test Theory, Polygraph Research, What you should expect from your examiner, and Test Question Discussion & Development:** The presentation will strive to provide a basic overview of the polygraph test, with an emphasis on screening persons convicted of sexual offense(s). There are misunderstandings about polygraph testing, even at times within the polygraph community. We will try to dispel the myths, educate the consumer (treatment and supervision) and fill in with evidence-based information. The presentation will cover the basic analytical theory of the polygraph, how it is supposed to work, published research results, ways to best integrate the testing into a treatment environment, and a discussion of proper and risky things to try to ask on the test.

Presenter: Mark Handler, A.S.
Converus, Inc., Meriden, CT

- 16. Family Matters, but Why?:** Anyone working with families has experienced at least one time when they felt overwhelmed in family treatment. Being overwhelmed could be the provider feeling unsure of what direction to move in treatment or the family is not progressing and appears to be static. We will explore why family therapy is important, what ways can family be involved in treatment, and how can we effectively reunify families post sexual abuse incidents.

Presenter: Amanda Pryor, MSW, CSAYC,
ATSA-F, Advocacy and Training Alliance, LLC
Indianapolis, IN

- 17. Assessing Child Sexual Exploitation Material Offenders:** This presentation will offer an overview of risk assessment and risk management of individuals who have committed crimes related to Child Sexual Exploitation Material (CSEM). We will provide information about how individuals with CSEM-exclusive offenses differ from those with contact offense histories. We will address the unique considerations related to risk of recidivism for this population and how our current systems (e.g., legal, treatment) address these considerations – or fail to do so. We will discuss considerations for risk assessment with this population, including measures designed to be used with individuals who have CSEM offenses, and provide information relevant to managing risk with the goal of sexual violence prevention. As evaluators, we will also discuss our role in accurately representing and communicating an individual's risk state to guide sentencing and treatment recommendations.

Presenters: Elizabeth Egbert, Psy.D., LP
MN Dept. of Human Services – Forensic
Services, St. Peter, MN

Meagan McKenna, Psy.D., LP
MN Dept. of Human Services – Forensic
Services, St. Peter, MN

Natasha Auer, Psy.D., LP
MN Dept. of Human Services – Forensic
Services, St. Peter, MN

18. Treatment Transformed: Treatment for individuals who have committed sexual offenses has changed dramatically over the years. Moving away from past practices can seem daunting and unnecessary, yet we see the benefits to public safety in the research. After briefly learning more about the history of treatment for those who've sexually abused, participants will be introduced not only to up-to-date treatment methods, but also how to incorporate newer practices into your current treatment work. Topics include both the how and why of transparency, individualized treatment, protective and risk factors, and person-first language.

Presenter: Shelley Rorvick, M.A., LMFT
Illumé North, Duluth, MN

19. 50 compelling facts anyone working with individuals who sexually offend ought to know: In this fast-paced, quick hitting workshop, the audience will be exposed to 50 interesting, perhaps at times surprising, facts anyone working within the field of sexual violence/risk management ought to know. Many of the facts will provide relevant context to questions commonly asked in psychosexuals, PSIs, and treatment. If you ever have wondered whether Americans or Australians spend more time on Pornhub or whether Capricorns are overrepresented in the sex offending population, this presentation is for you!

Presenters: Terrel Backes, Psy.D., LP
MN DOC – Risk Assessment/Community Notification
St. Paul, MN

Brian Heinsohn, M.A., LPC
MN DOC – Risk Assessment/Community Notification
St. Paul, MN

20. Special Considerations in Working with Older Adults: Older (65 years and older) individuals present with unique treatment and supervision needs. This workshop will provide basic but important information and topics for consideration when working with older individuals. These topics include social support, housing, mental health, and sexual health. The information presented will highlight the general population of older individuals as well as discussing the specific treatment and supervision needs of individuals who have sexually offended. A mix of research and case references will be presented.

Presenter: Paul Rodriguez, M.A., LPCC
MSOP, St. Peter, MN

Thursday, April 20, 2023 (continued)

Workshops #21 - #27 3:00 p.m. – 4:30 p.m

- 21. \$100 Million to End Sexual Violence in Minnesota: Reimagining the Use of State Resources to Combat Sexual Harm:** Minnesota currently spends over \$100 Million annually on the indefinite detention of approximately 740 people at the Minnesota Sex Offender Program (“MSOP”). In doing so, Minnesota misallocates critical resources to combat sexual violence. Despite political support for sex offense civil commitment programs, research has found that state civil commitment programs like MSOP have “no discernable impact” on sexual violence in communities at large and that the incapacitation effects of MSOP are extremely limited. Inviting active discussion, this workshop seeks to imagine a reallocation of this \$100 Million investment to maximize its impact and create a measurable reduction in sexual violence, holding harmdoers accountable, and supporting victims of sexual violence statewide.

Presenters: Eric Janus, JD

*Sex Offense Litigation & Policy Resource Center, Mitchell
Hamline School of Law, St. Paul, MN*

Michael Miner, Ph.D.

University of Minnesota, Minneapolis, MN

Madeline Ranum, JD

*Sex Offense Litigation & Policy Resource Center, Mitchell
Hamline School of Law, St. Paul, MN*

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- 22. The ‘Issue’ of Power:** Ever gotten in a power struggle with a client and been tempted to ‘shut it down?’ How do we use our role as therapist, probation officer, authority figure, to empower the client towards a feeling of control over their own lives while maintaining ethical practice? The primary ideas and practices we want to impart are: 1. How can we use our role to model empowerment? 2. How do we respond when our clients attempt to assert power? 3. Concrete tools for individuals to live an empowered life. And 4. what does our language and approach say about our beliefs about the consumer’s capacity? We will share case studies and learn from our best... and worst... moments.

Presenter: Michelle Ferrel, MSW, LICSW

MCF – Lino Lakes, Lino Lakes, MN

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- 23. Quickly and efficiently assess clients with EyeDetect to more effectively prevent sexual abuse and aggression:** This workshop highlights the benefits of implementing an ocular credibility assessment tool to evaluate those who engage in sexually harmful behavior, with the goal of reducing or preventing sexual abuse and sexual aggression. The use of a pragmatic approach for testing allows treatment providers to verify recent and/or past activities. This approach also helps protect from false positive testing results as well. Overall, the process yields more information, mitigates risk, and saves time and money.

Presenter: Mark Handler, A.S.

Converus, Inc., Meriden, CT

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- 24. Sexual Offenders with Intellectual Disabilities: Adapted Treatment Approaches:** Research indicates that individuals with intellectual disabilities can participate in sexual offender treatment using adapted treatment approaches. This presentation will highlight common challenges in treatment and discuss practical applications using case examples.

Presenters: Megan Reese, Psy.D.

*WA State Dept of Social & Health Services, Special
Commitment Center, McNeil Island, WA*

Mandy Fenrich, Ph.D.

Project Pathfinder, St. Paul, MN

- 25. Addressing Shame & Trauma as a Barrier to Engagement & Change:** When persons who have committed a sexual offense experience shame and/or have a history of trauma, it can become a barrier to treatment engagement and willingness to make change. We will explore various ways this may show up in treatment as it is essential to understand this dynamic in order to provide treatment and management effectively. Motivational Interviewing is a default style of interacting with persons experiencing shame and/or have a history of trauma. Attendees will be asked to participate in several experiential opportunities to further understand how to navigate client engagement, work toward change, and build helpful working relationships while also managing countertransference.

Presenters: *Leslie Barfknecht, MSW, LCSW, LICSW, Change Partnership, LLC, New Lisbon, WI*

*Brook Seume, LMFT
Seume Psychological Services, Grantsburg, WI*

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- 26. Navigating Therapeutic Alliances with Adult Males in Secured Sex Offense Treatment:** Developing therapeutic alliances with males who sexually abuse and who face many barriers. This presentation identifies the role of healthy therapeutic alliances and the unique barriers experienced with this population. Professional biases, client characteristics and working within diverse populations will be explored. Suggestions will be offered in building a foundation for therapeutic alliances.

Presenters: *Sarah E. Herrick, M.A., LP, LPCC
MSOP, Moose Lake, MN*

*James Martinez, MSW
MSOP, Moose Lake, MN*

*Rachel Broadway, M.A.
MSOP, Moose Lake, MN*

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- 27. Establishing & Maintaining Team Cohesion:** Most managers, supervisors, and directors would agree that some of the greatest challenges in the work we do are not necessarily working with clients. There are many resources to help guide treatment, but formal discussions and guidance on how to influence staff culture are few and far between. Clinical work presents unique challenges and requires not only the provision of individual supervision but an understanding of how the individual is influenced by organizational and treatment team culture. In most programs, the range of experience and competency can vary considerably for managers and direct service providers. Effective application of program design is highly dependent on numerous factors beyond the design itself. An efficient treatment team can strengthen program culture and increase the quality of services for clients. Understanding and effectively managing clinical staff and the treatment culture is crucial. This workshop will focus on identifying dynamics that impact overall staff culture but will also offer ideas and strategies that promote the professional development of managers and increase the likelihood of cohesive and effective clinical teams. The information presented is based on principles of group structure/team building, business models, and theories of management, and the presenters' many years of experience working in residential sex offender treatment programs, including civil commitment.

Presenters: *Peter Puffer, M.A., LP*

*Jannine Hebert, M.A., LP
MSOP, Minneapolis, MN*

Friday, April 21, 2023

Keynote Address 8:45 a.m. – 10:00 a.m.

Recognizing, Preventing and Limiting the Dangers of Secondary Stress

Robert J. Wicks, Psy.D., Professor Emeritus, Loyola University Maryland

Workshops #28 - #34 10:30 a.m. – 12:00 p.m.

- 28. Self-care around Mindfulness:** What is Mindfulness beyond the buzzwordy meme's and marketing mayhem? Why is it so elusive? How can it be both incredibly simple and extremely challenging? How might a Mindfulness practice support YOU, the clinician as much as your clients? In this 90m session, led by a Qualified Mindfulness Based Stress Reduction Instructor, we'll go behind the scenes, under the surface and into the heart of mindfulness practice to learn, and more importantly practice this ancient and newly popular training that can increase your resilience, alleviate physical and emotional pain and generally re-frame experience for the better. This session is designed for you, the participant – P.S. the most powerful way for you, as a clinician or practitioner to bring mindfulness to your clients is to learn, practice and embody it for yourself. Start here.

Presenter: Colette DeHarpporte, M.S.
*Qualified MSBR Instructor, Mindfulness IRL, LLC
St. Anthony, MN*

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- 29. It's Virtually Possible – Shifting the Good Lives Model to a Remote Format:** This workshop will outline how Iowa's 2nd Judicial District Department of Correctional Services made the jump from in-person treatment programming for persons who sexually offend to virtually all remote programming at the start of the pandemic. Presenters will share the successes, the heavy lifts, and the lessons learned of moving traditional programming to a virtual format, with little notice, to ensure continuity of services for clients and the reasons they decided to continue beyond the return of "normalcy". Data has reflected the increase in dosage hours and intervention completions, as well as improved staff morale. Ethical considerations will be discussed and there will be time for Q&A at the end.

Presenters: Ashley Lappe, MS, LMHC, SOTP-II
*2nd Judicial District Dept. of Correctional Services
Ames, IA*

Shane Bailey, AA, SOTP-I
*2nd Judicial District Dept. of Correctional Services
Fort Dodge, IA*

Alfredo Rodriguez, Ph.D., SOTP-II
*2nd Judicial District Dept. of Correctional Services
Marshalltown, IA*

30. This session has been cancelled. Sibling Sexual Abuse: Confronting the World's Silent Epidemic:

Although sibling sexual abuse (SSA) is the most common form of childhood sexual abuse it has been neglected by both society as a whole as well as the research community. As a result of this neglect the characteristics of this form of abuse and the implications are not well understood. The aim of this presentation is to break down the silence and shame around this phenomenon. This presentation will discuss how children and adults are affected by SSA. How teachers and school officials can recognize the signs of when students have been victimized by SSA. How they should respond upon receiving a disclosure and what actions we can take to bring SSA out of the silence where too many children are suffering the ravages of this form of childhood sexual abuse. The presentation will also focus on relevant research concerning the prevalence of SSA as well as the author's own work and research with SSA survivors. The presentation will discuss effective individual therapy approaches and techniques with sibling sexual offenders as well as discussing how to conduct effective family reconciliation and family reunification. The session will discuss how to work openly and effectively with a multidisciplinary team throughout the process of sibling sexual abuse from disclosure of the abuse until family reunification and beyond.

Presenter: Brad Watts, M.S., LPC, CSOTP
Childhelp, Knoxville, TN

31. The Silver Tongue; Neuro-Linguistic Programming in Forensic Psychology: This workshop will illustrate the ways in which a facilitator can utilize active listening and purposeful speech to build rapport and decipher treatment markers. Whether a professional has 30 seconds or 30 sessions, one's language and communication methods are key in building a foundation for safe boundaries, secure attachments, honest banter and language cues are delivered. This workshop will illustrate the easy verbal and non-verbal communication skills used to build and maintain positive awareness in sessions and unlock keys to active listening.

Presenter: Sarah Soderlund, M.A.
Skipped Parts, LLC, St. Paul, MN

32. Practical Strategies for the Treatment and Management of Persons with High Psychopathy and Anti-Social Characteristics: It is essential to understand personality characteristics of high psychopathy and anti-social persons to effectively engage them in treatment and management. Recognizing these behaviors and effectively responding to them as well as some Do's and Don'ts of working with this population will be discussed. Attendees will be asked to participate in several experiential opportunities to further understand how to navigate helpful working relationships and manage countertransference.

Presenter: Ernie Marshall, MSW, LCSW
Change Partnership, LLC, New Lisbon, WI

33. The Psychology of the Penis: This workshop will address the power the penis has over the psychology of many males, its effect on their self-concept and self-esteem, and its power to affect relationships. Questions such as the following will be addressed: Does it matter if it's curved? What should one know about male reproductive anatomy? Does size matter? Is 3 minutes real? How about 60 minutes? What does it mean about the male if his penis doesn't work when it is supposed to work? Can the penis be surgically enlarged? What effect does aging have on male sexual functioning and quality of life? What does having to rely on a pill to get an erection mean to a male? How does masturbation / porn affect the ability of a male to function sexually with a partner? Are there harmful masturbatory techniques? *Warning: pictures of real penises might be shown*

Presenter: Richard Weinberger, MSE, LP

34. Tertiary Prevention: Taking a Trauma-Informed Approach to Treating Those who have Sexually

Offended: We identify high risks to sexual offending and review ways adverse childhood experiences may contribute to these high risks asserting that trauma-informed approaches may benefit the client and our communities. We discuss how unhelpful thoughts, based on core beliefs developed in childhood, lead to shame. When clients see self-worth and self-value while being held accountable for their behavior, they are more likely to make long-term change. In a trauma-informed approach, the therapist uses empathy and group context to counter shame, allowing a safe place to share, understand and take responsibility for behavior, and identify healthy interventions.

Presenters: *Faith M. Golden, Ph.D.,*
WA LMHC
WA State DOC, Airway Heights, WA

Wendy D. McGourty, MS, WA LMHCA
WA State DOC, Airway Heights, WA

Workshops #35 - #41 1:15 p.m. – 2:45 p.m.

35. Rape Culture and Assessment of Hostility Toward Women: Rape Culture is a sociological concept that describes violence against women present in societal norms and social attitudes that reinforce the objectification of women. This includes perspectives such as victim blaming, objectification of women. This concept describes a progression of violence and normalization on a continuum. This workshop will discuss sexual violence from this framework not only as it relates to individuals charged with sexual assault but in the context of larger systems, therapist bias and program pitfalls.

Presenters: *Marie Grace, M.A., LPCC*
Skipped Parts, LLC, Rochester, MN

Katherine Farrington, M.A., LPCC
Skipped Parts, LLC, St. Paul, MN

36. Addressing substance use within a secured setting when working with those who have committed

sexual offenses: This workshop is for anyone interested in gaining further knowledge into what the current best practices are for substance use treatment. We will review the current DSM-5 TR criteria and how to best diagnose substance use disorders. Additionally, we will take time to explore what treatment approaches and modalities may be the most beneficial for working with individuals in a secure setting who have committed sexual offenses, how to best support these individuals, and how to incorporate substance use into current treatment plans.

Presenter: *Allison Immel, MA, LADC, LPCC*
MSOP, Moose Lake, MN

37. Digital Sex Ed: Talking Tech, Teens & Sex: As a result of greater access to the Internet and its ever-expanding resources, individuals, especially adolescents, are at risk of being exposed to inaccurate, and in some cases, dangerous sexual content. The proposed presentation will provide those working with teenagers with a helpful framework (T.E.A.M.S. model) for addressing the intersection of technology and sexuality with youth. For instance, attendees will learn about the potential risk and benefits that the Internet offers regarding sexual education, why adolescents' development and neurobiology places them at greater risk of unsafe online behavior, key resources that can help frame the issue for adults, and emerging interventions designed to address such issues with teenagers and help facilitate their growth as responsible digital citizens.

Presenter: *Alex Rodrigues, Psy.D., LP*
Private Practice, Denver, CO

38. Understanding and Mitigating Technology Concerns within the Supervised Population:

As many crimes are increasingly involving a digital or online component, supervision officers are being asked more than ever to monitor, track and control an offender's technology. Yet few trainings available to officers adequately address the current digital environment and instill the knowledge and confidence needed to perform the requested tasks. This training will focus on providing officers with a necessary understanding of which digital platforms present the greatest threats with regards to illicit and illegal activity. As well, we'll discuss and provide live examples of how to search mobile devices and best understand the role and technologies available via remote monitoring products.

Presenter: Phillip Danford, B.S.
IPPC Technologies, King of Prussia, PA

39. Case Conceptualization and Treatment Planning in Mental Illness and Sex Offending:

The label of "Sex offender" often carries the assumption that they are mostly alike and can be treated in a similar way. However, clinical and research reports indicate that there is much diversity among different types of individuals who have sexually offended and diverse treatments produce diverse outcomes for recovery and recidivism. This program will describe a thorough approach to case conceptualization, implications of various mental illnesses and co-morbidities, customization of treatments, and recommendations for assessment and court testimony.

Presenters: David X. Swenson, Ph.D.
College of St. Scholastica, Duluth, MN

Gerald Henkel-Johnson, Psy.D.
College of St. Scholastica, Esko, MN

40. Poking the Bear: Exploring Why Do You Do What You Do?: Working with persons who have committed sexual offenses continues to evolve, but has your thinking and practice evolved too? Through a facilitative discussion, attendees will be asked to identify and share their own beliefs and training that may support common practices. Several mainstream treatment frameworks and interventions will be explored through brief hypothetical scenarios looking at both what are our current approaches and are they supported (or not) by research. Attendees will increase their self-awareness and ability to self-analyze to help attendees answer the question, "Why do you do what you do?"

Presenters: Brook Seume, LMFT
Seume Psychological Services, Grantsburg, WI

Leslie Barfknecht, MSW, LCSW, LICSW
*Sand Ridge Secure Treatment Center,
Mauston, WI*

Ernie Marshall, MSW, LCSW
*Sand Ridge Secure Treatment Center,
Mauston, WI*

41. Memory Changes Over the Lifespan and Dementia: The Impact on Therapeutic

Interventions: The number of adults globally with dementia is expected to increase dramatically over the next several decades with an estimate of over 135 million people worldwide. It is anticipated professionals working with individuals who have committed sexual offenses will come into contact with clients who have dementia and need to understand its varied presentation. In the presentation, typical variations in memory function over the lifespan will be reviewed and the most common types of dementia described. The purpose and value of a neuropsychological evaluation will be discussed and interventions that may accommodate dementia-related cognitive decline will be reviewed.

Presenter: Charlotte Gerth, Ph.D, LP
MCF – Lino Lakes, Lino Lakes, MN

Registration Information



MnATSA Membership and Conference Discount

We encourage all eligible individuals to join our state chapter for only \$15 per year. If you work outside of Minnesota and are a member of ATSA, you may join MnATSA as an affiliate member, which entitles you to membership but without voting rights or eligibility for a Board position.

For the member discount, you must be a current member of ATSA to join MnATSA. Go to our website to join at: www.mnatsa.org. Only individuals can be members.

Student Registration – ends April 7, 2023

Full-time students with a verification letter from their university registrar confirming current full-time enrollment may register through April 7, 2023. **You must send the verification letter to info@mnatsa.org within seven days of registering to receive this discount.** If you do not provide the documentation within the timeframe, you will be charged at the member or non-member rate.

Late Fee – begins March 17, 2023

Beginning March 17, 2023, a \$25.00 late fee will automatically be added to each registration. This late fee will also be added when registering at the conference doors.

Cancellations or Changes to Your Registration

Notice of cancellation, changes or transferring of your registration must be provided by 5:00 p.m. on March 17, 2023, to receive a refund. For a cancellation or transfer, send an email to info@mnatsa.org. If you have not canceled by March 17, 2023, and do not attend the conference, you will still be billed and will owe the full amount.

Payment Options

Credit Card Payment: Credit card payments are processed through PayPal at the time of registration. Note: often **government credit cards** have a restriction which must be temporarily lifted by the finance department before you register. Please contact your business manager before registering so your card can be authorized for use with PayPal. Your business manager will then lift this ban for a specified time period. Note: this will only be for a few hours, so you need to coordinate this.

Check Payment: Send a check with your name clearly identified to: MnATSA, P.O. Box 362, Circle Pines, MN, 55014. The check must be received within five days of registration.

Split Payments: If your employer is paying a portion of the registration, you will enter the dollar amount they are paying in the labeled box on the registration site along with the email address of where the invoice should be sent. The registration system will then calculate the portion you owe and you can pay your portion with either PayPal/credit card or check. MnATSA will then invoice your employer for their portion owed.

Invoice Payment: If your employer needs to be invoiced for your entire registration cost, enter the dollar amount in the “Amount to invoice to employer” and enter the email address where the invoice should be sent.

MEMBER

Any One Day	\$195
Any Two Days	\$280
All Three Days	\$380

NON-MEMBER

Any One Day	\$195
Any Two Days	\$315
All Three Days	\$430

FULL-TIME STUDENT

Any One Day	\$90
Any Two Days	\$180
All Three Days	\$225

Register for the conference online at:

www.mnatsa.org/conference

Whova App

Whova will be utilized again this year as the platform for attendees to connect with each other outside of the in-person conference, read about the presenters, have access to all presenter handouts and complete evaluations. The app will also have the keynote, pre-con and workshop details and you can create your own personalized agenda to follow along with at the conference.

Once registered, you will receive the link to either login (if you joined us in 2021 & 2022 virtually) or create an account.

Conference Program Updates

There will not be a detailed printed conference program for 2023. Attendees will receive a shortened program that outlines the keynote, pre-con and workshop titles & presenter names, but the details will be in the Whova app. If you would like these details with you at the conference, please remember to print from Whova before arriving to the conference.

Sponsor a Student

In the interest of personal growth and professional development, the MnATSA conference provides an opportunity to sponsor an ATSA membership for students attending our conference. If you are interested in sponsoring a student's first year of ATSA membership for \$35, please contact Robin Goldman (robingoldman.psych@gmail.com) or Jessi Noehring (noehring@augsborg.edu).

Conference Food

Daily continental breakfast, lunch buffet, and coffee breaks are included in your conference registration. We have worked with the chef so that the majority of special dietary needs, such as diabetic, vegetarian, gluten/dairy/nut free, coronary, etc., have been addressed in the food provided. Contact us at info@mnatsa.org if you have questions.

For Your Comfort

We attempt to control room temperature to everyone's satisfaction. However, in a large conference center, room temperatures do vary. Please be responsible for your own comfort and consider wearing layered clothing.

Conference Reception

A reception will be held on Thursday, April 20, 2023, beginning at 4:45 p.m. Enjoy complimentary hors d'oeuvres and a cash bar while networking with friends and colleagues. This social hour is hosted by MnATSA and our generous sponsors. For students, there will be a reserved table to network at as well.

MnATSA Member Lunch

A MnATSA member-only lunch will be held on Friday during the conference. There will not be a formal member meeting or program at 2023 conference, however this will be a space to connect and network together.

Exhibitors

Exhibit space will be available throughout the conference. More information can be found at www.mnatsa.org/conference-exhibitor or contact info@mnatsa.org. Sign up early to select your booth location! Exhibits are located in the break area where breakfast and snacks are provided. This offers excellent potential for interaction with the attendees. Exhibit space includes food for one person but does not include attending conference presentations or workshops. Application deadline is March 17, 2023.

Hotel Internet Service

MnATSA has contracted with the Marriott, so internet access will be available in the entire building, including your hotel guest room and in the conference center.

Transportation to the Hotel

The Minneapolis Marriott Northwest is located at the intersection of I-94 and Boone Avenue North in Brooklyn Park, MN. It is approximately 12 miles from downtown Minneapolis and 25 miles from the Minneapolis/St. Paul International Airport. Uber, Lyft, and various taxi services are available from the airport. Public transit options are also available at: www.metrotransit.org

Hotel Reservations

The rate for guest suites is \$174 per night (plus tax) for single or double occupancy for conference participants who register by **Wednesday, March 29, 2023**. This rate applies only for April 18 – 21, 2023. There are a limited number of rooms available at this conference rate, and it is strongly recommended that you make your reservation early. Once that number of rooms is booked, the rate increases substantially.

To book your hotel room, call toll-free 1-888-236-2427 or 763-536-8300 and ask for “the room block under MnATSA” or online at

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1677603310881&key=GRP&app=resvlink>

1. Check-in will be available after 4:00 p.m. each day.
2. Check-out on your date of departure will be at or before 11:00 a.m.
3. The room block and room rates are guaranteed until midnight on Wednesday, March 29, 2023, or until the number of contracted rooms is reached – whichever is sooner. The hotel will continue to accept reservations past the cut-off date based on availability, but at a substantially higher price.
4. Complimentary parking is available in the large parking lots.
5. There is a hotel policy of a 48-hour cancellation on all guestroom reservations.

Marriott Rewards Points: If you are a Marriott rewards member and reserve and pay for the room yourself, you can receive rewards points. You may also redeem points for your reservation.

We look forward to seeing you at the conference.

Be an Exhibitor!

Increase awareness of your business or organization with professionals who need to know about you. Identify yourself as a key resource, leader, and supporter.

More information at www.mnatsa.org/conference-exhibitor
or email at info@mnatsa.org